**Living My Best Life**

**Lesson 15 (I Cor 10:13-14)**

**Help For The Tempted**

1. **Do you ever feel like you are the only one to face a particular temptation? How does it help to know that others are facing the same temptation?**
2. **How does it help to know that Jesus faced that same temptation?**
3. **Read 2 Samuel 11:1 -15. What should David have been doing, according to verse 1?**
4. **What temptation did David face in verse 2?**
5. **How did he respond?**
6. **What was the result of David’s sin?**
7. **Rather than admitting error, how did David try to cover his tracks?**
8. **How should David have responded at each step along the way?**
9. **What promise does God make us in I Corinthians 10:13?**
10. **What implications does that promise have?**
11. **How was Jesus tempted in Matthew 4:1-11?**
12. **How did the Lord fight off the temptation?**
13. **How can we use the Lord’s example in a practical way to help us defeat Satan?**
14. **How does Hebrews 4:15-16 describe Jesus?**
15. **How does that reveal His deity?**
16. **According to verse 16, what hope should that inspire?**
17. **Why can we come before the throne of grace with confidence?**
18. **In Genesis 39, in what situation does Joseph find himself?**
19. **How does he put into practice the Bible’s command to “flee immorality”?**
20. **What was the immediate result of his action?**
21. **What was the eventual result?**
22. **What attitude did Joseph develop, according to Genesis 50:19-21?**